

In home cooking classes  
**Autumn Winter 2014**  
**Menus**



**£65**

**2 hours**

**Summer BBQ  
 Non-Veg**

Herb and garlic chicken skewers  
 Sweet potato wedges  
 Grilled chilli lime prawns  
 Iceberg wedge with blue cheese dressing

**Thai  
 Non-Veg**

Som tham - Green papaya salad  
 Thai fish cakes with dipping sauce  
 Red curry - Chicken  
 Jasmine rice

**Korean  
 Non-Veg**

Quick khimchi  
 Pa Jeon - Spring onion and seafood pancake  
 Soondubu Jjigae/Bibimbap

**Middle Eastern  
 Non-Veg**

Hummus with minced lamb  
 Homemade flatbread  
 Chicken tagine  
 Jeweled rice

**Indian  
 Non-Veg**

Masala lamp chops with mint yogurt  
 Achari chicken  
 Pilau rice  
 Mango lassi

**Mexican  
 Non-Veg**

Homemade cornflour tacos  
 Grilled Chipotle chicken  
 Guacamole  
 Pico de gayo - Mild salsa  
 Sopaidillas with chocolate sauce

**Spanish  
 Non-Veg**

Chorizo and bean stew  
 Paella - Seafood and chicken  
 Patatas bravas  
 Piquillo peppers with a creamy cod filling

**Vietnamese  
 Non-Veg**

Prawn and green mango summer rolls  
 Lemongrass pork skewers  
 Vietnamese rice noodle soup

**£55**

**2 hours**

**Summer BBQ  
 Vegetarian**

Lemon and herb halloumi  
 Grilled sweet potatoes with creamy blue cheese dressing  
 Seasonal crunchy salad  
 Grilled corn with a chipotle butter

**Thai  
 Vegetarian**

Spicy carrot fritters with dipping sauce  
 Som tham - Green papaya salad  
 Pad thai  
 Tom yum Kha soup

**Korean  
 Vegetarian**

Quick khimchi  
 Kimchi pancake - Khimjeon  
 Japchae vegetable noodles  
 Bibimbap with tofu and vegetabales

**Middle Eastern  
 Vegetarian**

Baba ganoush  
 Falafel  
 Grilled Halloumi  
 Homemade flatbread

**Indian  
 Vegetarian**

Paneer tikka skewers with mint yogurt  
 Chana masala  
 Black pepper and coconut potatoes  
 Pilau rice  
 Mango lassi

**Mexican  
 Vegetarian**

Homemade cornflour tacos  
 Grilled Chipotle portobello mushrooms and spinach  
 Guacamole  
 Pico de gayo - mild salsa  
 Sopaidillas with chocolate sauce

**Spanish  
 Vegetarian**

Gazpacho  
 Envulutos de berenjena - Rolled aubergines with salsa verde  
 Patatas bravas  
 Piquillo peppers stuffed with saffron, mushroom and thyme rice

**Vietnamese  
 Vegetarian**

Summer salad rolls with peanut dipping sauce  
 Lemongrass tofu and mushroom stir fry  
 Vietnamese rice noodle soup - Veggie broth

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